

Zone Gyms

Cardio zone

Inspired by indoor gyms, this is a must have gym for every community aimed at successfully improving the cardiovascular health of its users. A perfect choice for those looking for a fit for purpose gym for all ages and abilities, when space and budget are factors for consideration.

- A  GRASS MAT
 - B  MULCH
 - C  BLACK WET POUR
 - D  COLOUR WET POUR
- More options are available

EQUIPMENT AND FLOOR GRAPHICS ARE AVAILABLE IN A VARIETY OF COLOURS

1 Activate App



Users can find a gym, scan signage, log and track their workout and share with friends.

2 Smart



Smart counts hits of the gym and feeds into dashboard

3 Energy generating



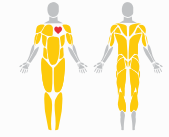
Generates human powered electricity

4 Inclusive fitness



All equipment is designed in accordance with Inclusive Fitness Guidelines (IFI)

6 Full body cardio



10 Interactive Signage

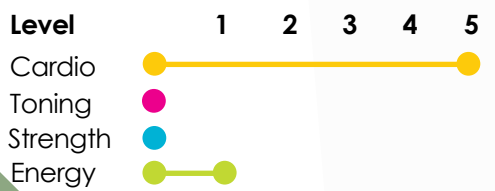


People can scan their workout whilst using this gym

9 Wheelchair accessible



7 Great for inactives



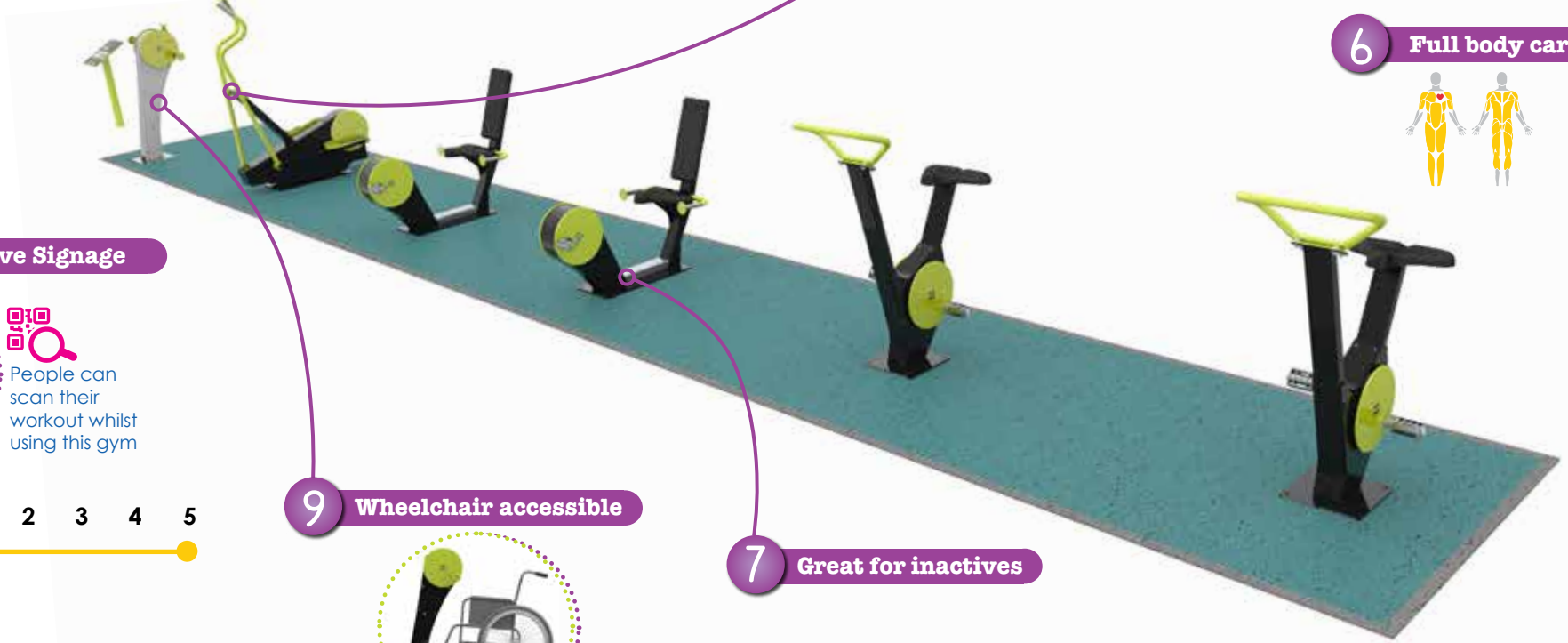
No. of Users	Min Area	Min Surfacing
6	12 x 1.5m	18m ²

8 British-made



Equipment List:

1. Energy Hand Bike ●●
2. Cross Trainer ●
3. Recumbent Bike ●
4. Recumbent Bike ●
5. Spinning Bike ●
6. Spinning Bike ●



Key Equipment:

TG0908 Energy Hand Bike



Features

- ✓ Charge your device using human power
- ✓ 'Smart' counts hits of gym

Benefits

- ✓ Wheelchair accessible
- ✓ Good for targeting people new to exercise

TG0861 Cross Trainer



Features

- ✓ All body cardio workout
- ✓ Fully enclosed safe mechanism

Benefits

- ✓ Great for inactives
- ✓ Low impact

TG0891 Recumbent Bike



Features

- ✓ All body cardio workout
- ✓ Fully enclosed safe mechanism

Benefits

- ✓ Great for inactives
- ✓ Low impact

TG0970 Spinning Bike



Features

- ✓ Familiar exercise
- ✓ Resistance

Benefits

- ✓ Great for people new to exercise
- ✓ Low impact

TG0889 Welcome Sign



Features

- ✓ Safety information
- ✓ Contact details

Benefits

- ✓ Go to reference point of user information
- ✓ Advertising space

Bolt on 'Tone Zone'...

